Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 07 Oct 2022 until 23:59 on Saturday 08 Oct 2022

Forecast Issued on Friday 07 Oct 2022 at 02:49 by Met Office Aberdeen

Confidence: High for a cold, windy few days in the hills. Also high confidence for showery conditions with a band of more persistent rain crossing all ranges on Sunday.

Headline for Friday 07 Oct 2022: Bright spells. Blustery showers. Windy and feeling bitterly cold on the tops.

Mountain weather hazards on Friday 07 Oct 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Medium Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light rain showers (night)	Light rain showers	Heavy rain showers	Heavy rain showers	Light rain showers	Light rain showers (night)
Precipitation probability					
50%	50%	50%	50%	40%	40%

Forecast for Friday 07 Oct 2022

Weather: A mixture of clear then sunny periods and blustery showers. The showers heavy at times with small risk of thunder and sleet mixed in over highest peaks. Fewer showers and brighter skies over hills in east such as Ben Wyvis.

Chance of cloud-free hill tops above 800m: 50% best in northeast.

Low cloud and visibility: Good visibility away from showers with occasional cloud, bases around 600 to 700m. Clouds will be extensive at times as showers come along with brief reductions to poor visibility.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Friday 07 Oct 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	41/48 SW	31/39 SW	29/37 SW	25/32 SW	29/36 W	25/32 W	24/31 W
900	38/46 SW	30/38 SW	27/35 SW	23/31 SW	27/34 W	24/31 W	23/30 W
600	25/32 SW	22/30 SW	20/28 SW	18/24 SW	18/26 W	15/23 W	14/22 W
300	4/32 SW	9/30 SW	6/26 SW	5/23 W	5/23 W	5/23 W	5/22 W
Glen	10/26 SW	11/23 SW	10/22 SW	7/17 SW	8/19 W	7/18 W	7/17 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	2/-7	1/-6	1/-6	1/-6	1/-6	2/-5	2/-5
900	2/-5	2/-5	2/-5	2/-4	2/-5	2/-4	2/-4
600	5/-1	5/-1	4/-1	4/-0	4/-1	5/0	5/0
300	7/6	8/5	7/5	7/6	6/5	7/5	7/5
Glen	10/7	10/8	10/8	10/8	9/7	9/8	9/7
Freezing Level*	1200m	1200m	1200m	1200m	1300m	1200m	1200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very difficult walking conditions over higher ridges and summits due to combination of gales, showers, wintry on highest tops, and temperatures close to freezing.

Forecast for Saturday 08 Oct 2022
Weather: A drier and brighter day with fewer and lighter showers, mostly affecting hills close to West Coast. Staying cold and windy on the tops.

Maximum wind: Westerly winds with average speeds of 30mph on the tops with gusts 40 to 50mph.

Chance of cloud-free hill tops above 800m: 60% best in east of area.

Low cloud and visibility: Good visibility for much of the day with patches of cloud about 700m, again more extensive for a short time as showers pass by.

Temperature: **Glens:** Plus 6 Celsius rising to 12 Celsius.
At 800m: Plus 3 Celsius rising to Plus 5 Celsius.
Freezing level: 1200m lifting to 1500m.

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